
Supplementary material

Table 1. Intercoder agreement for including or excluding records based on their focus on eudaimonia

<table>
<thead>
<tr>
<th></th>
<th>Pair 1 (n = 281 records)</th>
<th>Pair 2 (n = 281 records)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Rater A</td>
<td>Rater B</td>
</tr>
<tr>
<td>Exclusion</td>
<td>210 (74.7%)</td>
<td>222 (79.0%)</td>
</tr>
<tr>
<td>Inclusion</td>
<td>71 (25.3%)</td>
<td>59 (21.0%)</td>
</tr>
<tr>
<td>% agreement</td>
<td>92.2%</td>
<td>91.8%</td>
</tr>
<tr>
<td>Krippendorff’s α</td>
<td>α = .780 (.694, .861)</td>
<td>α = .487¹ (.286, .688)</td>
</tr>
</tbody>
</table>

¹ With heavily skewed coding distributions, Krippendorff’s α is inaccurate (see Krippendorff, 2016)

**Table 2. Summary of eudaimonia-related constructs in digital games research**

<table>
<thead>
<tr>
<th>Construct</th>
<th>Type</th>
<th>State / Trait</th>
<th>References</th>
</tr>
</thead>
<tbody>
<tr>
<td>Appreciation</td>
<td>Experience</td>
<td>State</td>
<td>Banks &amp; Bowman (2014); Barbara (2018); Bopp et al. (2016, 2018); Bowman (2015); Bowman et al. (2016, 2018); Chen (2017); Cole &amp; Gillies (2019); Elson et al. (2014); Hemenover &amp; Bowman (2018); Iten et al. (2018); Kartsanis &amp; Murzyn (2016); Koban &amp; Bowman (2021); Lin &amp; Wu (2020); Loyer (2015); Possler et al. (2020); Peng et al. (2020); Reer &amp; Quandt (2020); Rogers et al. (2017); Steinemann et al. (2015, 2016, 2017); Taylor &amp; Schafer (2019); Toh &amp; Lim (2020); Wulf &amp; Baldwin (2020)</td>
</tr>
<tr>
<td>Meaning / meaningfulness</td>
<td>Experience</td>
<td>State</td>
<td>Arbeau et al. (2020); Banks &amp; Bowman (2014); Barbara (2018); Bopp et al. (2016); Bowman (2015); Bowman et al. (2015, 2016, 2018); Burgess &amp; Jones (2017); Carras et al. (2018); Coanda &amp; Aupers (2020); Conway &amp; Elphinstone (2019); Daneels et al. (2020); Elson et al. (2014); Hemenover &amp; Bowman (2018); Holl (2019); Holl et al. (2020); Iacovides &amp; Mekler (2019); Iten et al. (2017, 2018); Kartsanis &amp; Murzyn (2016); Kowert &amp; Kaye (2018); Kümpel &amp; Unkel (2017); Lynch &amp; Matthews (2019); McKernan (2019); Mitchell et al. (2020); Melzer &amp; Holl (2020); Pereira et al. (2019); Phelps et al. (2020); Possler et al. (2020); Reer &amp; Quandt (2020); Rogers et al. (2017); Shi et al. (2019); Taylor &amp; Schafer (2019); Vandenberghee et al. (2020); Wulf et al. (2018); Wulf &amp; Baldwin (2020)</td>
</tr>
<tr>
<td>Emotionally moving, emotionally</td>
<td>Experience</td>
<td>State</td>
<td>Bopp et al. (2015, 2016, 2018); Daneels et al. (2020); Cole &amp; Gillies (2019); Denisova et al. (2020); Gowler &amp; Iacovides (2019); Peng et al. (2019, 2020); Vahlo &amp; Karhulahti (2020)</td>
</tr>
<tr>
<td>challenging</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(Self-)Reflection</td>
<td>Experience</td>
<td>State</td>
<td>Arbeau et al. (2020); Bopp et al. (2019); Burgess &amp; Jones (2017); Chew &amp; Mitchell (2019); Christiansen (2017); Daneels et al. (2020); De Angeli et al. (2018); Denisova et al. (2020); Goodine &amp; Khaled (2019); Gowler &amp; Iacovides (2019); Hilliard et al. (2018); Iacovides &amp; Mekler (2019); Igarzabal (2019); Kors et al. (2020); Loyer (2015); McEwan et al. (2020); Mekler et al. (2018); Mitchell et al. (2020); Pallavicini et al. (2020); Pereira et al. (2019); Rautalathi (2018); Sarian (2019); Shaiman (2020); Shi et al. (2019); Sofia &amp; Klimenko (2019); Steinemann et al. (2015); Toh &amp; Lim (2020); Vahlo &amp; Karhulahti (2020); Vugts et al. (2020); Whitty et al. (2019)</td>
</tr>
<tr>
<td>Empathy</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>Growth / Development</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Connection / Connectedness</td>
<td>Experience</td>
<td>State</td>
<td>Bopp et al., (2019); Bowman et al., (2015, 2016); Burgess &amp; Jones (2020); Caro &amp; Popovac (2020); Carras et al. (2018); Coanda &amp; Aupers (2020); Daneels et al. (2020); Iacovides &amp; Mekler (2019); Kowert &amp; Kaye (2018); Kümpel &amp; Unkel (2017); McEwan et al. (2020); Pereira et al. (2019); Snodgrass et al. (2019); Taylor et al. (2015); Tyack &amp; Wyeth (2017); Wulf et al. (2020)</td>
</tr>
<tr>
<td>Other eudaimonia-related concepts:</td>
<td></td>
<td></td>
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<tr>
<td>Nostalgia</td>
<td>Experience</td>
<td>State</td>
<td>Daneels et al. (2020); Hemenover &amp; Bowman (2018); Wulf et al. (2018, 2020); Wulf &amp; Baldwin (2020)</td>
</tr>
<tr>
<td>Eudaimonic well-being</td>
<td>Functioning</td>
<td>Trait</td>
<td>Carras et al. (2018); Kartsanis &amp; Murzyn (2016); Reer &amp; Quandt (2020); Snodgrass et al. (2019a, 2019b); Vugts et al. (2020); Wulf et al. (2018); Wulf &amp; Baldwin (2020)</td>
</tr>
<tr>
<td>Emotional resonance</td>
<td>Experience</td>
<td>State</td>
<td>Phelps et al. (2020)</td>
</tr>
<tr>
<td>Self-transcendence</td>
<td>Experience</td>
<td>State</td>
<td>Comello et al. (2019)</td>
</tr>
<tr>
<td>Elevation</td>
<td>Experience</td>
<td>State</td>
<td>Daneels et al. (2020)</td>
</tr>
</tbody>
</table>

Reference list of all included records1 (n = 82 studies):


1 In the manuscript, we refer to the reviewed records with these reference numbers (e.g., Paper 1 is P1).


