

1 **Supplementary File: Reference budgets**

2 **Table 1.** Reference budgets for 2014, in EUR per month, retrieved from Pereirinha et al. (2017).

Expenditure Items	Single	Couple	Single 1 Child	Couple 1 Child	Couple - 2 Children
Food	177	360	299	451	535
Alcoholic drinks	6	11	2	6	6
Clothing	39	77	89	132	184
Housing (rent)	138	138	188	188	228
Utilities (water, power sanitation and solid-waste)	78	102	90	113	136
Furniture, utensils and appliances	32	32	49	50	58
Cleaning and maintenance products	6	6	15	17	18
Higiene products	11	18	16	22	47
Personal care products and services	18	30	47	55	68
Personal use products	2	5	6	8	15
Health	18	34	29	37	66
Transportation	76	151	153	225	231
Comunication	19	39	61	69	69
Leisure, sports and culture	39	73	105	155	182
Vacations and special occasions	53	84	89	116	139
Education (excluding nursery and kindergarten)	0	0	45	45	48
Nursery and kindergarten	0	0	0	0	120
Other (including a reserve for unexpected expenditures)	51	101	56	56	61
Total	763	1261	1339	1745	2211

3

4

5 **Table 2.** Consumer Price Index (CPI, Base - 2012) retrieved from INE.

Period	CPI, Base - 2012
2023	118.3
2022	113.4
2021	105.1
2020	103.8
2019	103.8
2018	103.5
2017	102.5
2016	101.1
2015	100.5
2014	100.0
2013	100.3
2012	100.0
2011	97.3
2010	93.9

6