

1  
2  
3  
4

5 **Supplementary File**

6 **Table 1.** Sample characteristics including locality, education and number of children.

|     | Age   | Locality      | Education | Occupation                           | Monthly net income (in PLN) | Number of children | Age of youngest child |
|-----|-------|---------------|-----------|--------------------------------------|-----------------------------|--------------------|-----------------------|
| F1  | 31-35 | Large city    | Higher    | Housewife, started looking for a job | < 1600                      | 2                  | 3                     |
| M1  | 31-35 |               | Higher    | Entrepreneur                         | 3500- 5000                  |                    |                       |
| F2  | 36-40 | Large city    | Higher    | Employee data administrator          | No data                     | 2                  | 2                     |
| M2  | 26-30 |               | Higher    | Lawyer                               | No data                     |                    |                       |
| F3  | 36-40 | Large city    | Higher    | Accountant                           | 2500-3500                   | 1.5*               | 2                     |
| M3  | 36-40 |               | Secondary | Clerk                                | 1600-2500                   |                    |                       |
| F4  | 26-30 | Large city    | Secondary | Nanny                                | 2500-3500                   | 1                  | 4                     |
| M4  | 26-30 |               | Secondary | Teacher                              | 3500- 5000                  |                    |                       |
| F5  | 36-40 | Large city    | Higher    | Designer                             | 3500- 5000                  | 2                  | 2                     |
| M5  | 36-40 |               | Higher    | Designer                             | 3500- 5000                  |                    |                       |
| F6  | 36-40 | Large city    | Higher    | Doctor                               | > 5000                      | 3                  | < 1                   |
| M6  | 41-45 |               | Higher    | Doctor                               | > 5000                      |                    |                       |
| F7  | 31-35 | Large city    | Higher    | Confectioner                         | 1600-2500                   | 1.5*               | 3                     |
| M7  | 31-35 |               | Higher    | Tester (IT)                          | > 5000                      |                    |                       |
| F8  | 31-35 | Large city    | Higher    | Lawyer                               | No data                     | 1                  | 3                     |
| M8  | 31-35 |               | Higher    | Lawyer                               | No data                     |                    |                       |
| F10 | 31-35 | Large city    | Higher    | Designer                             | > 5000                      | 2                  | 4                     |
| M10 | 31-35 |               | Higher    | Manager IT                           | > 5000                      |                    |                       |
| F11 | 31-35 | Town /Country | Higher    | Accountant                           | > 5000                      | 1                  | 4                     |
| M11 | 31-35 |               | Secondary | Electrician                          | 3500- 5000                  |                    |                       |
| F13 | 31-35 | Large city    | Higher    | Doctor                               | > 5000                      | 1                  | 2                     |
| M13 | 36-40 |               | Higher    | Copywriter                           | 3500- 5000                  |                    |                       |
| F14 | < 26  | Town /Country | Higher    | None at the moment                   | 1600-2500                   | 2                  | 1                     |

|     |       |            |           |                                    |            |      |     |
|-----|-------|------------|-----------|------------------------------------|------------|------|-----|
| M14 | 26-30 |            | Secondary | Building administrator             | > 5000     |      |     |
| F15 | 31-35 | Large city | Higher    | Kindergarten Owner                 | > 5000     | 1    | < 1 |
| M15 |       |            | Higher    | Lawyer                             | 3500- 5000 |      |     |
| F16 | 31-35 | Large city | Higher    | Zoo psychologist                   | 1600-2500  | 1    | 3   |
| M16 | 31-35 |            | Higher    | Environmental Specialist           | 3500- 5000 |      |     |
| F18 | 36-40 | Large city | Higher    | Teacher                            | 2500-3500  | 3    | 3   |
| M18 | 36-40 |            | Higher    | Project Manager                    | > 5000     |      |     |
| F19 | 31-35 | Large city | Secondary | Photographer and massage therapist | < 1600     | 1    | < 1 |
| M19 | 31-35 |            | Higher    | IT Manager                         | > 5000     |      |     |
| F20 | 36-40 | Large city | Higher    | HR Manager                         | > 5000     | 1    | 1   |
| M20 | 36-40 |            | Higher    | BHP Specialist                     | 3500- 5000 |      |     |
| F21 | 36-40 | Large city | Higher    | Administrative director            | > 5000     | 2    | < 1 |
| M21 | 36-40 |            | Higher    | Data Scientist                     | > 5000     |      |     |
| F22 | 36-40 | Large city | Higher    | Therapist                          | 1600-2500  | 1.5* | 1   |
| M22 | 36-40 |            | Higher    | Logistic manager                   | 1600-2500  |      |     |
| F23 | 36-40 | Large city | Higher    | Accountant                         | 2500-3500  | 3    | < 1 |
| M23 | 36-40 |            | Higher    | Screenwriter                       | > 5000     |      |     |
| F24 | 31-35 | Large city | Higher    | Project manager                    | > 5000     | 1    | 4   |
| M24 | 31-35 |            | Higher    | Writer                             | > 5000     |      |     |
| F25 | 31-35 | Large city | Secondary | Office worker                      | 1600-2500  | 2    | 5   |
| M25 | 31-35 |            | Secondary | Sales representative               | 3500- 5000 |      |     |
| F26 | 31-35 | Large city | Higher    | Bank analyst                       | > 5000     | 1    | 2   |
| M26 | 31-35 |            | Secondary | Cook                               | 3500- 5000 |      |     |
| F27 | 26-30 | Large city | Higher    | Chemist                            | 3500- 5000 | 1    | <1  |
| M27 | 31-35 |            | Higher    | Optician                           | > 5000     |      |     |
| F28 | 26-30 | Large city | Higher    | Analyst                            | < 1600     | 1    | 1   |
| M28 | 31-35 |            | Higher    | Analyst                            | 3500- 5000 |      |     |
| F29 | 36-40 | Large city | Higher    | Environmental engineer             | 3500- 5000 | 1    | 3   |
| M29 | 36-40 |            | Higher    | Telecommunications engineer        | > 5000     |      |     |
| F30 | 26-30 | Large city | Secondary | Housewife and student              | < 1600     | 2    | 1   |

|     |       |               |            |                            |            |   |     |
|-----|-------|---------------|------------|----------------------------|------------|---|-----|
| M30 | 26-30 |               | Higher     | Service engineer           | 3500- 5000 |   |     |
| F31 | 31-35 | Large city    | Higher     | Teacher                    | 2500-3500  | 1 | 1   |
| M31 |       |               | Higher     | Entrepreneur               | 2500-3500  |   |     |
| F32 | 31-35 | Large city    | Higher     | Computer graphics          | 3500- 5000 | 1 | 1   |
| M32 | 26-30 |               | Higher     | Researcher                 | 3500- 5000 |   |     |
| F33 | 31-35 | Large city    | Higher     | Culture animator           | 1600-2500  | 2 | 5   |
| M33 | 31-35 |               | Higher     | Researcher                 | 3500- 5000 |   |     |
| F34 | 31-35 | Town /Country | Higher     | Kindergarten worker        | 1600-2500  | 3 | < 1 |
| M34 | 31-35 |               | Vocational | Construction worker        | > 5000     |   |     |
| F35 | 26-30 | Large city    | Higher     | Pedagogue                  | < 1600     | 1 | 2   |
| M35 | 26-30 |               | Secondary  | Vision engineer            | > 5000     |   |     |
| F36 | 31-35 | Small city    | Higher     | Project manager            | 1600-2500  | 1 | 2   |
| M36 | 31-35 |               | Higher     | Business administrator     | 2500-3500  |   |     |
| F40 | <26   | Small city    | Higher     | Social worker              | < 1600     | 1 | < 1 |
| M40 | 26-30 |               | Primary    | Paver                      | 2500-3500  |   |     |
| F41 | 31-35 | Large city    | Higher     | Quality control specialist | > 5000     | 1 | 4   |
| M41 | 36-40 |               | Secondary  | Gardener (part-time)       | < 1600     |   |     |
| F43 | 36-40 | Town /Country | Vocational | Farmer                     | < 1600     | 1 | 3   |
| M43 | 46-50 |               | Vocational | Digger operator            | 1600-2500  |   |     |
| F44 | 26-30 | Town /Country | Higher     | Social worker              | < 1600     | 2 | 1   |
| M44 | 26-30 |               | Higher     | Policeman                  | 3500- 5000 |   |     |

7 \*The number of children presented as 1.5 means that the mother was at the time of interview  
8 pregnant with her second child.