

Supplementary File 1

Interview guide

I Background: household and housing, surroundings of the dwelling

- 1.1 Household background, general comments on lifestyles. What are the core values of your life/what does your family value (consider important)?
- 1.2 Please describe your dwelling and its surroundings and living environment through your own eyes.
- 1.3 What services do you have at this residence?
- 1.4 Do you/your family have another place that you visit regularly (e.g. a summer house or a country house)? How often?

II Change of residence (incl. the role of the digital and green transitions)

- 2.1 Where was and what was your previous place of residence (settlement, location) before moving here? (type of settlement, district, type of building)
- 2.2 Please tell us your story of moving here ... From the moment the idea arose until the move.
- 2.3 Did digital opportunities have any impact on the desire to change residence? For example, to what extent did the possibility of remote work and other digital opportunities influence the decision? Did the employer facilitate it (created the possibility of remote work), did it accommodate?
- 2.4 Who in the family took the initiative to change residence? Were all family members in agreement and how was the decision reached?
- 2.5 How did you choose your new place of residence?
- 2.6 How did the cooperation between the family members take place in finding a new place of residence?

III Changes accompanying a change of residence

- 3.1.1 How has moving here affected your family's communication at home and outside the home?
- 3.1.2 How has moving here affected communication outside the home (former acquaintances, relatives)?

3.1.3 How has moving here affected communication with co-workers?
(e.g. in relation to teleworking)

3.1.4 What are your contacts with neighbors/communities in this place?

3.1.5 What would you like to have communication with local residents?

3.2 Other effects

3.2.1 How do you assess the impact of a change of residence on your overall quality of life and well-being?

3.2.2 Has moving here affected your values and attitudes?

3.2.3 Has your move here affected the attitudes of other people and communities (local communities, acquaintances who stayed in Tallinn)?

3.3 Future

3.3.1 How do you see the future of this place?

3.3.2 How do you see your (and your children's) future in relation to this place in the long term (a few years, 5 years, 10 years)?

3.3.3 What impact do you think digital development will have on people's choice of place of residence in the next 5 or 10 years?

3.4 Activity spaces

3.4.1 Please describe the places of activity of oneself and family members and the means of transport used to get there by activity – before AND after the change of residence:

- Work (incl. if doing platform work);
- Schools, kindergartens;
- Services, main stores;
- Leisure time (including sports facilities).

3.4.2 Have the places/routes travelled changed over time (e.g. family members have started to consume more services in the vicinity of their homes)?

3.4.3 Are there opportunities for teleworking or telelearning and to what extent/how are they used for different family members?

3.4.4 How are the different needs and interests in terms of mobility organised and combined between family members in their daily lives?

4. Background questions

4.1 Describe all members and how they relate to the interviewee, age, gender, employment, occupation, field of activity of the company, home language, education, economic coping of the family.

Fill in the table to the end

4.2 Digital use: How do you assess your digital competence?

Mark on scale

4.3 *Do you consider yourself a country person or a city person?*